



Meeting List
 NJ Inter-Group
 PO Box 352
 Cranford, NJ 07016

NJ Helpline 888-258-6104 Web site: <http://njessay.org>
 Eastern PA (Family) 732-899-9241 or 215-752-9636
 NY (Brooklyn/Manhattan) 212-459-4044
 Philadelphia 215-564-3272, web site: www.phillysa.org

F&F meetings in NJ :267-295-2795 Web: www.orgsites.com/nj/sanonintergroup

F&F = Friends & Family

International Central Office 615-370-6062; 800-424-8777
 Delaware: 320-562-2105

DAY	START	LOCATION	CONTACT	Code for Directions (SEE OVER PAGE)
Sunday	8:00AM	Red Bank	Michael A.	RBX
	1:30PM	Cranford	Mark S.	CRM
	5:00PM	Metuchen	Robert M.	MTL
	6:30PM	F&F Red Bank	Lisa Z.	RBX 4th Sunday
	8:00PM	Paterson	Rudy	PAT Meeting in Spanish Only-Call First
	8:00PM	Lakewood	Shmuel	LKW MEN ONLY
Monday	6:15AM	Lakewood	Shaul F.	LKW MEN ONLY
	7:00AM	Teaneck	Stacy P.	TEA Top Plate
	12 Noon	Cranford	Leon M.	CRM
	7:00PM	Westmont	Tim K.	WSP
	7:30PM	Little Falls	Joe V.	LFM
	8:00PM	Dover	Mike A.	DVJ 75 mins. Speaker last Monday of month
	9:00PM	F&F Passaic	Sholom J.	PAS Couples: 1st & 3rd Monday of each month
Tuesday	7:00AM	Lakewood	Eli T.	LKW MEN ONLY
	7:00AM	Teaneck	Stacy P.	TEA Top Plate
	12 Noon	Cranford	Kevin D.	CRM
	12 Noon	Morris Plains	Curt M.	MPP 45 Mins; Meeting is upstairs.
	7:00PM	Wyckoff	Craig M.	WYC
	7:00PM	Manalapan	Ken B.	MLP
	7:30PM	Watchung	Donald .B	WAW 90 min. Step Writing & sharing meeting
	7:30PM	W. Long Branch	Michael G.	WLB Step meeting & Recovery
8:00PM	Beachwood	John H.	BEP	
Wednesday	6:15AM	Lakewood	Shaul F.	LKW MEN ONLY
	7:00AM	Kingston	Luke H.	KGM
	7:00AM	Teaneck	Stacy P.	TEA Step Writing
	1:00PM	Cranford	Jim D.	CRM
	12 Noon	Morris Plains	Curt M.	MPP 45 mins. Meeting is downstairs.
	12:30PM	Red Bank	Michael P.	RBB
	7:00PM	Stratford	David W..	STK
	7:30PM	Cranford	Steve D.	CRM Meeting in Rm 34. STEP WRITING
	7:30PM	Metuchen	Anthony B.	MTL 75 Mins
	7:30PM	Staten Island	Greg H.	STI
7:30PM	Hamilton	Jim C.	HSM Solution, Steps, Recovery, Gratitude	
Thursday	7:00AM	Lakewood	Eli T.	LKW MEN ONLY
	7:00AM	Teaneck	Stacy P.	TEA Top Plate
	12 Noon	Cranford	Brian C.	CRM
	12 Noon	Morris Plains	Curt M.	MPP Meeting in basement, Room 1
	7:30PM	Little Falls	John M.	LFM STEP WRITING meeting
	7:30PM	Vineland	Christine S.	VTB Women only; Call BEFORE meeting.
	7:30PM	Paramus	Jim S.	PAR MEN ONLY
	7:30PM	Sparta	Mike A.	SPM Meeting is in Rm 9.
8:00PM	Montclair	Darin G.	MCL	
Friday	6:15AM	Lakewood	Shaul F.	LKW MEN ONLY
	7:00AM	Teaneck	Stacy P.	TEA Big Book
	12 Noon	Cranford	Leon M.	CRM
	12 Noon	Morris Plains	Curt M.	MPP 45 Mins; Meeting is upstairs.
	7:30PM	Neptune	Ryan W.	NPJ
8:00PM	Cranford	John C.	CRM 75 mins. - Diner after the meeting	
Saturday	7:00AM	Kingston	Rob J.	KGM
	7:30AM	Little Falls	Chuck C	LFM
	8:00AM	Westmont	Ken S.	WSP 75 mins. Back-to Basics meeting follows
	9:30AM	Toms River	Stuart W.	TRP
	10:45AM	Passaic	Sholom J.	PAS Call for exact time of meeting
	7:30PM	Cranford	Steve D.	CRM
	7:30PM	F&F Metuchen	Sherri / Mike A.	MTC Couples, 3rd Saturday of the month only.
	9:45PM	Lakewood	Shaul F.	LKW

DIRECTIONS

Code

BEP	Beachwood, 08722: St. Paul's Lutheran, 130 Cable Ave. off Rt. 9 south. GSP Exit 80, bear right for Beachwood & Rt. 9 South. Church is on right, 100 yards past 3rd light.
DVJ	Dover, 07801: St. John's Episcopal Church, 111S. Bergen St. Take Rt. 80 West to exit 35A - Dover. Go on Mt. Hope Ave for 2 miles until just past the 8th light (Blackwell St.). Church is on right, right before the train station.
CRM	Cranford, 07016: United Methodist Church 201 Lincoln Ave. GSP N or S to exit 137. Go to end of exit, make right, go to 5th light and make a left onto Walnut St. Go under RR bridge and bear left. Church is 1/4 mile ahead on right, Entrance on Walnut St. Meetings on 2nd floor, first door on left - Room 34.
HSM	Hamilton, 08690: St. Mark United Methodist Ch., 465 Paxson Ave., Rm405-406. From US 1 take Rt 533/Quakerbridge Rd. 4.3 mi to light. Turn left onto Flock Rdm go 0.9 mi to light. Turn right onto Rt535/Edinburg Rd., go 0.2 mi to light. Turn left onto Paxson Ave., go 0.15 mi to church parking lot on right.
KGM	Kingston, 08528: United Meth. Ch., 9 Church St., Anderson House annex. From Rt. 1 take Ridge Rd. west 1.3 miles. Turn left at light onto NJ Rt 27. Go 0.1 miles, turn right onto Church St. Go 300 feet, turn tight into church parking lot. Anderson House is at end of path behind church
LFM	Little Falls, 07424: United Methodist Church, 139 Main St. Take the GSP to Rt. 80 West, go to Exit 55A - Union Blvd, Little Falls. Turn left at fourth light, Main St., Church is on the right. Meet downstairs. Diner afterwards.
LKW	Lakewood - for directions and more information call NJ Helpline 888-258-6104
MCL	Montclair, 07042: First Lutheran Church, 153 Park St. Parkway to Exit 151, Watchung Ave. Follow signs towards Bloomfield/Montclair. Take Watchung Ave about 1.5 miles and make a left onto Park St.. Church is about 1/2 mile on left.
MLP	Manalapan 07726: The Counseling Network, Bldg 3, 710 Tennent Road. GSP South to Exit 123. Go 10.8 miles to exit ramp for Gordon's Corner Rd. Turn Left at Gordon's Corner Rd through intersection then right onto Tennent Road. Building is on left, #3-downstairs office. Also GSP North to exit 105, merge onto
MPP	Morris Plains, 07960: St. Paul's Episcopal Church, Hillview Ave. (Southbound side of Rte. 202) Speedwell Ave. go 4 blocks south of Rte. 53/202 intersection & left at Friendly's. From Rt. 10 W - follow signs to Morristown, make jug handle at Exxon just after Whippany Fire Station. Follow signs for Morristown thru East Hanover to next Exxon and turn right. Follow past Mennen to Speedwell Ave (6 lights), and make right, go to Friendly's, left onto Hillview. From Route 24 W - Exit 1A; follow signs for Morris Plains (1st right after exit) Follow past Mennen to Speedwell Ave (6 lights), turn right, then left at Friendly's onto Hillview. Church at end of Hillview on right. Meeting is in basement (Room 1).
MTC	Metuchen: Centenary United Methodist Church, Hillside Ave. GSP to Exit 131, Rt. 27 West. Left onto Grove St. Take 4th Right Dellwood, then left onto Hillside Ave. Parking lot short distance ahead. Use door on right side to access meeting in the library.
MTL	Metuchen, 08840: St. Luke's Episcopal Church, Oak Ave. and Rt. 27. GSP exit 131 to Rt. 27 south (right), 2.2 miles to Oak Ave (after 5 lights) on right. Church at corner. Enter building on right side; go down hall, take first left corridor, meeting is in room on the right.
PAR	Paramus, 07652: Our Lady of the Visitation Church, 234 Fairview Ave. Take GSP to Exit 163 (on left) to Rt. 17 North. Just before first overpass, exit Rt. 17 onto Midland Ave., "River Edge". Continue on Midland for 7/10 of a mile until 3rd traffic light, Fairview Ave. Make a right. After 1 mile, church is on left. Meeting is in rectory, on the left as you enter driveway. Park in lot behind rectory. On ground level is doorway to the office. Enter the office, walk straight and make a right. Meeting room is straight down the hall.
NPJ	Neptune, 07753: Jersey Shore Medical Center, Route 33 West. GSP exit 100B to Route 33 East. Use Plain Entrance to 2nd floor, meeting in Conference Rm 3.
PAS	Passaic. First Presbyterian Church, 112 Washington Place. From Route 3: Exit Passaic Ave. going north. Take Passaic Ave. for 2.1 miles and turn left to State St. Next light right onto Washington Pl. Church is on corner at end of block. Enter building beneath stairs, meeting is downstairs, down the hall on
PAT	Paterson. EVAS Village. 16 Spring St., Room 16. Take I-80 to Paterson exit. Left on Main St. Right in 4 blocks onto Grant. Right in 2 blocks onto Spring St.
RBB	Red Bank, 07701: 1st Baptist Church, cnr. of Maple & Oakland. GSP Exit 109. After the toll bear left, and then turn left onto Newman Spring Rd. towards Red Bank. Go to 3rd light, turn left onto Screwsbury Ave. Go to first light, turn right onto James Parker Blvd. Go to the next light and turn left onto Maple Ave. (Rt. 35). After several blocks, Church is on the left. Use parking in back of church. Enter through side door and go down to the lower level.
RBX	Red Ban, 07701: Riverview Medical Center, 5th Floor, Blaisdell Pavilion. 1 Riverview Plaza.
SPM	St. Mary's Episcopal Church, Conestoga Trail, Sparta, NJ. From I-80 West, exit at 34B-Route 15 North. Continue on Rt. 15N for approx 8 miles to the exits for Lake Mohawk-Sparta Business District. Bear right off the exit onto Route 181 North and continue 1 mile to the first traffic light at East Mountain Road. Cross the intersection and after -100 yards turn sharply left (almost a U-turn) onto Conestoga Trail. Go 2 long block and the parking lot entrance will be visible on the left. Enter the church, turn left and go down the hallway to Room 9 on the left.
STK	Stratford, 08084: St. Luke RC Ch., 55 Warwick Rd. From 295 take Warwick Rd. south across Rt. 30. Church is on the left. Enter door to the right of school wing and left of rectory. Go down hallway to right.
STI	Staten Island, Bethel Evangelical Free Church, 4550 Amboy Road. From the church parking lot go to door leading to basement. Once inside basement, go to 2nd door on left. Meeting is approx. 15 minutes from Goethels Br. Amd Outerbridge Crossing.
TEA	Teaneck, 07666: St. Anastasia's Church, 1095 Teaneck Rd From G.W. Bridge: Go west on Rt. 4 to the Teaneck Rd. exit. Head north on Teaneck Rd. towards Bergenfield — at first light, church is on the right. From Parkway North: at exit 161, get on Rt. 4 east. Turn onto Teaneck Rd towards Bergenfield. Church is
TRP	Toms River, 08753: Presbyterian Church of Toms River - 1070 Hooper Ave. - Meeting in Room B. Take GSP to exit 82, Route 37 East about 1 mile to Hooper Ave. Jug handle North on Hooper Ave about 1/2 mile. The church is on the south side on Hooper Ave.
VTB	Vineland, 08302: Tri-County Lighthouse Baptist Church
WAW	Watchung. Wilson Memorial Union Church Meeting - Rooms 5&6. - From 78 East - Exit 40. Make right onto Hillcrest Road. From 78 West, Exit 40. Make left onto Hillcrest Road - Church is 1 mile on left. From 22 East - Right to Watchung/VA exit in North Plainfield, then right to overpass Rt22 to traffic light - turn left (*). From 22 West - Right to Watchung/VA exit to traffic light - go straight. (*) 1.2 miles to circle. Take 1st right off circle, then an immediate left onto Hillcrest Road - Church is on the right.
WLB	WestLong Branch 07764. West Long Branch Community Center at 116 Locust Ave. Take NJ-35 toward NJ-36E. Turn SLIGHT RIGHT onto MONMOUTH RD / NJ-71. Turn LEFT onto PARKER RD. Turn RIGHT onto LOCUST AVE.
WSP	Westmont08108: Starting Point Inc. 215 Highland Ave. NJTP South to exit 4 to Route 73N. Follow 73N to Route 41S Kings Highway. Follow to Haddon Ave. and make a right onto Haddon Ave. Go 3 lights and make a right onto Center St. Make first right onto Highland Ave. Third building on the left is the meeting place. Entrance is in the back left side.
WYC	Wyckoff, 07481: Bethany Church, 568 Wellington Drive - meeting upstairs in Cornerstone Room.