



## Meeting List

NJ Intergroup PO Box 352, Cranford, NJ 07016  
 New Jersey Helpline: 888-258-6104 Web site: <http://njessay.org>

DAY	START	*	LOCATION	CONTACT	PHONE	CODE	NOTES
<b>Sunday</b>	8:00AM		Red Bank			<b>RBX</b>	
	8:00AM		Lakewood			<b>LKW</b>	<b>MEN ONLY, Recovery Continues</b>
	1:30PM		Cranford			<b>CRM</b>	
	5:00PM		Metuchen			<b>MTL</b>	
	8:00PM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
<b>Monday</b>	6:15AM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
	7:00AM		Teaneck			<b>TEA</b>	Top Plate
	12 Noon		Cranford			<b>CRM</b>	
	7:00PM		Westmont			<b>WSP</b>	
	7:30PM		Little Falls			<b>LFM</b>	
	8:00PM		Dover			<b>DVJ</b>	75 mins. Speaker last Monday of month
	8:30PM		Kingston			<b>KGM</b>	
	9:00PM	<b>F&amp;F</b>	Passaic			<b>PAS</b>	Couples: 1st & 3rd Monday of each month
<b>Tuesday</b>	7:00AM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
	7:00AM		Teaneck			<b>TEA</b>	Top Plate
	12 Noon		Cranford			<b>CRM</b>	
	12 Noon		Morris Plains			<b>MPP</b>	45 Mins; Meeting is upstairs.
	7:00PM		Wyckoff			<b>WYC</b>	
	7:30PM		Watchung			<b>WAW</b>	90 min. Step Writing & sharing meeting
	7:30PM		W. Long Branch			<b>WLB</b>	Step meeting & Recovery
	8:00PM		Beachwood			<b>BEP</b>	
<b>Wednesday</b>	6:15AM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
	7:00AM		Kingston			<b>KGM</b>	
	7:00AM		Teaneck			<b>TEA</b>	Step Writing
	12 Noon		Cranford			<b>CRM</b>	
	12 Noon		Morris Plains			<b>MPP</b>	45 mins. Meeting is downstairs.
	12:30PM		Red Bank			<b>RBB</b>	
	7:00PM		Laurel Springs			<b>LSP</b>	NEW LOCATION
	7:30PM		Metuchen			<b>MTL</b>	75 Mins
	7:30PM		Staten Island			<b>STI</b>	
7:30PM		Hamilton			<b>HSM</b>	Solution, Steps, Recovery, Gratitude	
<b>Thursday</b>	7:00AM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
	7:00AM		Teaneck			<b>TEA</b>	Top Plate
	12 Noon		Cranford			<b>CRM</b>	
	12 Noon		Morris Plains			<b>MPP</b>	Meeting in basement, Room 1
	7:30PM		Little Falls			<b>LFM</b>	STEP WRITING meeting
	7:30PM		Paramus			<b>PAR</b>	<b>MEN ONLY</b>
	7:30PM		Sparta			<b>SPM</b>	Meeting is in Rm 9.
8:00PM		Montclair			<b>MCL</b>		
<b>Friday</b>	6:15AM		Lakewood			<b>LKW</b>	<b>MEN ONLY</b>
	6:30AM		Passaic			<b>PAS</b>	45 mins. Meditation, Big Book study
	7:00AM		Teaneck			<b>TEA</b>	Big Book Study
	12 Noon		Cranford			<b>CRM</b>	
	12 Noon		Morris Plains			<b>MPP</b>	45 Mins; Meeting is upstairs.
	12 Noon		Red Bank			<b>RBT</b>	Parish Hall - Purple Room
	7:30PM		Neptune			<b>NPJ</b>	
8:00PM		Cranford			<b>CRM</b>	75 mins. - Diner after the meeting	
<b>Saturday</b>	7:00AM		Kingston			<b>KGM</b>	
	7:30AM		Little Falls			<b>LFM</b>	
	8:00AM		Westmont			<b>WSP</b>	75 mins. Back-to Basics meeting follows
	8:30AM		Atlantic City			<b>SPA</b>	Somers Point - <b>MEN ONLY</b>
	9:30AM		Toms River			<b>TRP</b>	
	7:30PM		Cranford			<b>CRM</b>	
	7:30PM	<b>F&amp;F</b>	Metuchen			<b>MTC</b>	Couples, 3rd Saturday of the month only.
	9:45PM		Lakewood			<b>LKW</b>	
	9:00PM		Passaic			<b>PAS</b>	Call for exact time of meeting

\* F&F meetings in NJ :267-295-2795 Web: [www.orgsites.com/nj/sanonintergroup](http://www.orgsites.com/nj/sanonintergroup)

Other Regions

Eastern PA (Family) 732-899-9241 or 215-752-9636

NY (Brooklyn/Manhattan) 212-459-4044

Philadelphia 215-564-3272, web site: [www.phillysa.org](http://www.phillysa.org)

Delaware: 302-778-5380

International Central Office 615-370-6062; 800-424-8777

## DIRECTIONS

### Code

<b>BEP</b>	Beachwood, 08722: St. Paul's Lutheran, 130 Cable Ave. off Rt. 9 south. GSP Exit 80, bear right for Beachwood & Rt. 9 South. Church is on right, 100 yards past 3rd light.
<b>DVJ</b>	Dover, 07801: St. John's Episcopal Church, 111S. Bergen St. Take Rt. 80 West to exit 35A - Dover. Go on Mt. Hope Ave for 2 miles until just past the 8th light (Blackwell St.). Church is on right, right before the train station.
<b>CRM</b>	Cranford, 07016: United Methodist Church 201 Lincoln Ave. GSP N or S to exit 137. Go to end of exit, make right, go to 5th light and make a left onto Walnut St. Go under RR bridge and bear left. Church is 1/4 mile ahead on right, Entrance on Walnut St. Meetings on 2nd floor, first door on left - Room
<b>HSM</b>	Hamilton, 08690: St. Mark United Methodist Ch., 465 Paxson Ave., Rm405-406. From US 1 take Rt 533/Quakerbridge Rd. 4.3 mi to light. Turn left onto Flock Rdm go 0.9 mi to light. Turn right onto Rt535/Edinburg Rd., go 0.2 mi to light. Turn left onto Paxson Ave., go 0.15 mi to church parking lot on
<b>KGM</b>	Kingston, 08528: United Meth. Ch., 9 Church St., Anderson House annex. From Rt. 1 take Ridge Rd. west 1.3 miles. Turn left at light onto NJ Rt 27. Go 0.1 miles, turn right onto Church St. Go 300 feet, turn tight into church parking lot. Anderson House is at end of path behind church
<b>LFM</b>	Little Falls, 07424: United Methodist Church, 139 Main St. Take the GSP to Rt. 80 West, go to Exit 55A - Union Blvd, Little Falls. Turn left at fourth light, Main St., Church is on the right. Meet downstairs. Diner afterwards.
<b>LSP</b>	Laurel Springs: Our Lady of Guadalupe Church 135 N. White Horse Pike, Laurel Springs NJ. South on White Horse Pike (route 30), turn left onto South Avenue. The Church is immediately on the right. The meeting is in a building in back of the
<b>LKW</b>	Lakewood - for directions and more information call NJ Helpline 888-258-6104
<b>MCL</b>	Montclair, 07042: First Lutheran Church, 153 Park St. Parkway to Exit 151, Watchung Ave. Follow signs towards Bloomfield/Montclair. Take Watchung Ave about 1.5 miles and make a left onto Park St.. Church is about 1/2 mile on left.
<b>MLP</b>	Manalapan 07726: The Counseling Network, Bldg 3, 710 Tennent Road. GSP South to Exit 123. Go 10.8 miles to exit ramp for Gordon's Corner Rd. Turn Left at Gordon's Corner Rd through intersection then right onto Tennent Road. Building is on left, #3-downstairs office. Also GSP North to exit 105,
<b>MPP</b>	Morris Plains, 07960: St. Paul's Episcopal Church, Hillview Ave. (Southbound side of Rte. 202) Speedwell Ave. go 4 blocks south of Rte. 53/202 intersection & left at Friendly's. From Rt. 10 W - follow signs to Morristown, make jug handle at Exxon just after Whippany Fire Station. Follow signs for Morristown thru East Hanover to next Exxon and turn right. Follow past Mennen to Speedwell Ave (6 lights), and make right, go to Friendly's, left onto Hillview. From Route 24 W - Exit 1A; follow signs for Morris Plains (1st right after exit) Follow past Mennen to Speedwell Ave (6 lights), turn right, then left at Friendly's onto Hillview. Church at end of Hillview on right. Meeting is in basement (Room 1).
<b>MTC</b>	Metuchen: Centenary United Methodist Church, Hillside Ave. GSP to Exit 131, Rt. 27 West. Left onto Grove St. Take 4th Right Dellwood, then left onto Hillside Ave. Parking lot short distance ahead. Use door on right side to access meeting in the library.
<b>MTL</b>	Metuchen, 08840: St. Luke's Episcopal Church, Oak Ave. and Rt. 27. GSP exit 131 to Rt. 27 south (right), 2.2 miles to Oak Ave (after 5 lights) on right. Church at corner. Enter building on right side; go down hall, take first left corridor, meeting is in room on the right.
<b>NPJ</b>	Neptune, 07753: Jersey Shore Medical Center, Route 33 West. GSP exit 100B to Route 33 East. Use Plain Entrance to 2nd floor, meeting in Conference Rm 3. Use the main entrance closest to Highway # 33 and as you go through security ask for 12 step meeting in Ackerman Building 2nd floor
<b>PAR</b>	Paramus, 07652: Our Lady of the Visitation Church, 234 Fairview Ave. Take GSP to Exit 163 (on left) to Rt. 17 North. Just before first overpass, exit Rt. 17 onto Midland Ave., "River Edge". Continue on Midland for 7/10 of a mile until 3rd traffic light, Fairview Ave. Make a right. After 1 mile, church is on left. Meeting is in rectory, on the left as you enter driveway. Park in lot behind rectory. On ground level is doorway to the office. Enter the office, walk straight and make a right. Meeting room is straight down the hall.
<b>PAS</b>	Passaic. First Presbyterian Church, 112 Washington Place. From Route 3: Exit Passaic Ave. going north. Take Passaic Ave. for 2.1 miles and turn left to State St. Next light right onto Washington Pl. Church is on corner at end of block. Enter building beneath stairs, meeting is downstairs, down the
<b>PAT</b>	Paterson. EVAS Village. 16 Spring St., Room 16. Take I-80 to Paterson exit. Left on Main St. Right in 4 blocks onto Grant. Right in 2 blocks onto Spring
<b>RBB</b>	Red Bank, 07701: 1st Baptist Church, cnr. of Maple & Oakland. GSP Exit 109. After the toll bear left, and then turn left onto Newman Spring Rd. towards Red Bank. Go to 3rd light, turn left onto Screwsbury Ave. Go to first light, turn right onto James Parker Blvd. Go to the next light and turn left onto Maple Ave. (Rt. 35). After several blocks, Church is on the left. Use parking in back of church. Enter through side door and go down to the lower level.
<b>RBT</b>	Red Bank, 07701: Holy Trinity Lutheran Church, 150 River Road, 07701. From Exit 109 on Parkway, head east on Newman Springs Rd (520) towards Red Bank. After 1.8 mile, Newman Springs Rd dead ends into Broad Street. Take left and continue through Red Bank for 1 mile until Broad Street dead ends into Front
<b>RBX</b>	Red Bank, 07701: Riverview Medical Center, 5th Floor, Blaisdell Pavilion. 1 Riverview Plaza.
<b>SPA</b>	Mission Point Church, Somers Point, NJ 08244. From the North: take the Garden State Pky. South to exit #30 "Somers Point/Ocean City". Take exit onto Laurel Drive, and go to first traffic light and turn left, (Route 9 north.) Go 2 blocks to New York Ave. and turn left. Church is one block on the left. From the South: take the Garden State Pky. North to exit #29 "Somers Point". This takes you directly onto Route 9. Go 1 mile to New York Ave. and turn left. Church is 1 block on the left. Enter through back door of church, go down one flight of steps. Meeting is in room #3
<b>SPM</b>	St. Mary's Episcopal Church, Conestoga Trail, Sparta, NJ. From I-80 West, exit at 34B-Route 15 North. Continue on Rt. 15N for approx 8 miles to the exits for Lake Mohawk-Sparta Business District. Bear right off the exit onto Route 181 North and continue 1 mile to the first traffic light at East Mountain Road. Cross the intersection and after ~100 yards turn sharply left (almost a U-turn) onto Conestoga Trail. Go 2 long block and the parking lot entrance will be visible on the left. Enter the church, turn left and go down the hallway to Room 9 on the left.
<b>STI</b>	Staten Island, Bethel Evangelical Free Church, 4550 Amboy Road. From the church parking lot go to door leading to basement. Once inside basement, go to 2nd door on left. Meeting is approx. 15 minutes from Goethels Br. Amd Outerbridge Crossing.
<b>TEA</b>	Teaneck, 07666: St. Anatasia's Church, 1095 Teaneck Rd From G.W. Bridge: Go west on Rt. 4 to the Teaneck Rd. exit. Head north on Teaneck Rd. towards Bergenfield — at first light, church is on the right. From Parkway North: at exit 161, get on Rt. 4 east. Turn onto Teaneck Rd towards
<b>TRP</b>	Toms Rive, 08753: Presbyterian Church of Toms River - 1070 Hooper Ave. - Meeting in Room B. Take GSP to exit 82, Route 37 East about 1 mile to Hooper Ave. Jug handle North on Hooper Ave about 1/2 mile. The church is on the south side on Hooper Ave.
<b>VTB</b>	Vineland, 08302: Tri-County Lighthouse Baptist Church
<b>WAW</b>	Watchung. Wilson Memorial Union Church Meeting - Rooms 5&6. - From 78 East - Exit 40. Make right onto Hillcrest Road . From 78 West, Exit 40. Make left onto Hillcrest Road - Church is 1 mile on left. From 22 East - Right to Watchung/VA exit in North Plainfield , then right to overpass Rt22 to traffic light - turn left (*). From 22 West - Right to Watchung/VA exit to traffic light - go straight. (*) 1.2 miles to circle. Take 1st right off circle, then an immediate left onto Hillcrest Road - Church is on the right.
<b>WLB</b>	WestLong Branch 07764. West Long Branch Community Center at 116 Locust Ave. Take NJ-35 toward NJ-36E. Turn SLIGHT RIGHT onto MONMOUTH RD / NJ-71. Turn LEFT onto PARKER RD. Turn RIGHT onto LOCUST AVE.
<b>WSP</b>	Westmont08108: Starting Point Inc. 215 Highland Ave. NJTP South to exit 4 to Route 73N. Follow 73N to Route 41S Kings Highway. Follow to Haddon Ave. and make a right onto Haddon Ave. Go 3 lights and make a right onto Center St. Make first right onto Highland Ave. Third building on the left is the meeting place. Entrance is in the back left side.
<b>WYC</b>	Wyckoff, 07481: Bethany Church, 568 Wellington Drive - meeting upstairs in Cornerstone Room.